



FORMULITE®

Recovery Protein

REGENERATIVE COLLAGEN *and* AMINO ACIDS

20 serves



Flavour-Free
Add to your favourite food, drinks or sauces to increase your protein intake



7 serves
Mixed
SACHET BOX



Refreshing
LEMON LIME
FLAVOUR



Tropical
MANGO PASSION
FLAVOUR



Crisp
BERRY & APPLE
FLAVOUR

- Supports tissue repair and maintains muscle mass
- Enhanced amino acid profile with added BCAAs
- Only 1.4g carbs
- Electrolytes to aid hydration
- 15-16g Hydrolysed collagen
- 66-68 Calories per serve

Recommend Recovery Protein:



Use Recovery Protein before or after working out. This unique formula with added amino acids supports muscle growth and recovery.



Recovery Protein is low calorie, making it an excellent protein-rich addition when trying to lose weight.



With 15-16g of protein per serve, Recovery Protein makes it simple to boost protein intake.



Use Recovery Protein after surgery. Regenerative collagen protein aids tissue building and repair.



Recovery Protein is free of allergens like gluten and dairy. Fruity formulas that are subtle in flavour and not overly sweet make it easy to introduce everyday.



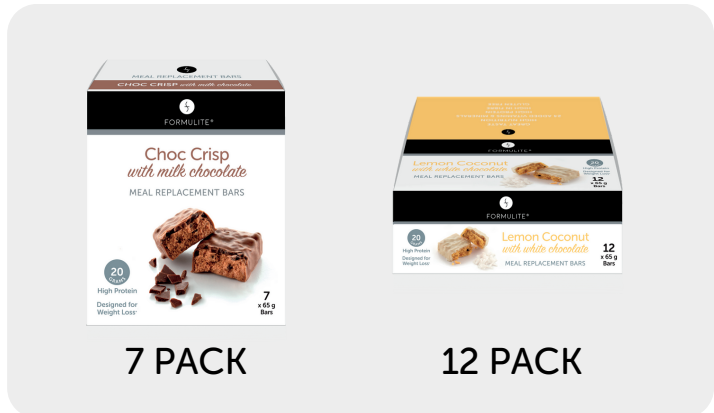
Recovery Protein contains added electrolytes, sodium and potassium, so staying hydrated is easy.



FORMULITE®

Meal Replacement Bars

CHOC CRISP AND LEMON & COCONUT



- Nutritionally complete meal replacement
- 20g High quality whey protein
- NO protein aftertaste
- Only 1.9g - 2.1g lactose per serve

Recommend Meal Replacement Bars:



Our bars meet the strict food standards code for a nutritionally complete meal replacement, adding more variety to your weight loss plan.



Only 241 calories per serve and are designed to support weight loss with regular physical activity.



Over 20g of high quality whey protein plus >5g dietary fibre to keep you satiated.



What you won't find in Formulite bars is a protein aftertaste or a dense texture, making it easier to stay the course.



If you're skipping meals due to time constraints, these on-the-go bars are the perfect solution.



Conveniently split into two pieces to make portion control simple. Half as a snack, a whole bar to replace a meal.



FORMULITE®

Meal Replacement Shakes

CHOC HAZELNUT, CREAMY VANILLA, COFFEE, BANANA AND HONEYCOMB



- Nutritionally complete meal replacement
- Over 30g of quality whey protein
- 24 essential vitamins and minerals
- Added pre and probiotics
- Lower lactose than other shakes
- Enough protein to meet the needs of bariatric surgery patients

7 serves

Recommend Meal Replacement Shakes:



Our shakes meet the strict food standards code for a nutritionally complete meal replacement, adding more variety to your weight loss plan.



Maintaining a healthy weight is achievable with our low calorie formula, simply replace 2-3 meals a day.



Protein is essential to muscle maintenance when losing weight as well as making sure you feel fuller for longer. It's easy to meet your protein needs with Formulite.



Formulite shakes are naturally sweetened and contain no added sugar, no artificial sweeteners and no nasties like milk powder and solids.



If you're skipping meals due to time constraints, our shakes take less than a minute to prepare.

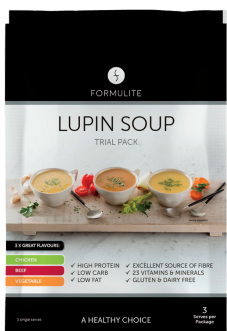


Replacing breakfast with a shake is a simple way to maintain weight loss long-term.



Lupin Soups

CHICKEN, BEEF, VEGETABLE



3 serves



14 serves



7 serves



- Nutritious snack for in between meals
- 12-22g hydrolysed collagen protein
- Only 2.5g carbs
- 7-10.5g dietary fibre
- Gluten and dairy free

Recommend Lupin Soups:



Formulite soups contain lupins - a nutrition powerhouse high in protein with a range of essential amino acids and fibre, and very low carbohydrate content.



Formulite soups contain around 100 calories per serve yet are packed full of protein and fibre, so they help to keep you feeling fuller for longer.



Lupin is renowned for increasing satiety (a feeling of fullness thereby reducing cravings); helping to lower food intake through the day.



Hard Copy Meal Plans Available

We now offer updated meal plans, shopping lists and recipes tailored for bariatric patients, by a bariatric dietitian. These meal plans include Formulite shakes, bars and Recovery Protein. Available to purchase via the Formulite website.



Pre Op Recipes

- Garden Salad
- Mocha Shake
- Veggie Stir Fry
- Ratatouille
- Minestrone + MORE!

Post Op Recipes

- Banana Choc Smoothie
- Red Lentil Soup
- Thai Pumpkin Soup
- Recovery Protein Icy Pole
- Choc Berry Smoothie + MORE!